



School District No. 46 (Sunshine Coast)

Administrative Regulations

ADMINISTRATION

1550

GIVING OR SALE OF FOODS IN SCHOOLS

A. Regulation:

1. Every school in the district shall be a Health-Promoting School by establishing a process for principals, teachers, support staff, parents, health authorities, community schools, community groups and students to work together to create an environment that fosters healthy lifestyles with regard to both nutrition and physical activity.
2. Any foods given to students or sold to students by teaching or support staff in school cafeterias, vending machines, fundraising events and school or school district special events shall be chosen based on the Guidelines for Food and Beverage Sales in BC Schools. Due consideration shall also be given to life-threatening allergies (see Administrative Regulation 1080 - Anaphylaxis).
3. Parent Advisory Councils, lunch program volunteers and other parent volunteers who give food or sell food to students through a Parent Advisory Council Program or at a parent sponsored event are encouraged to consider the nutritional value of the foods being served, but remain in control of their choices.
4. Principals shall request arbitration from one or more representatives of the Vancouver Coastal Health Authority (dietician, nutritionist or the school's Medical Health Officer) regarding any differences of opinion in the school or between parents and the school concerning the nutritional value of foods given or sold by the teaching and support staff of the school. The decision of the dietician, nutritionist or medical health officer shall be reported to the school administration who will then respond accordingly.

B. Guidelines:

1. Vending machines will be stocked with pure fruit juices, water and milk products, as per the Guidelines for Food and Beverage Sales in BC Schools.
2. Parent Advisory Councils, staff and students must be consulted prior to vending machines being installed in schools. Present vending machines are grandfathered.
3. Vending machine contracts must be approved by the Superintendent or designate.

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Date adopted: June 13, 2006

Revised: January 2011

Reference: Guidelines for Food and Beverage Sales in BC Schools ("Choose Most and Not Recommended" list contained therein, November 22, 2005).

Supt. Signature:

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4. Schools should consider healthy nutrition when choosing food as a reward for students.
5. Food based fund raising activities should be reflective of healthy nutrition.
6. All schools are strongly encouraged to have a school milk program.
7. The salt, sugar and fat content of food items need to be considered when selecting items for sale.
8. Principals will review food services for students annually with the school's Parent Advisory Council.
9. Schools will ensure that all food and beverages sold or distributed in schools will complement the nutrition education experiences of the students.
10. Choices from the "choose most" list must be provided wherever food or beverages are sold in schools, with the exception of Parent Advisory Councils. However, Parent Advisory Councils are encouraged to move toward providing and selling food to students from the "choose most" list.
11. In elementary schools, all "not recommended" foods must be removed from choice offerings in the 2006-2007 school year and in secondary schools, in the 2007-2008 school year.
12. Pricing should encourage the selection of healthy food and beverage choices.
13. Treat days within the classroom (i.e. Gingerbread houses) are acceptable, within reason.

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