



Administrative Regulations

ADMINISTRATION

1880

SWIMMING

- At all swimming activities a currently certified and insured NLS (National Lifeguard Service) Lifeguard shall be on duty.

Swimming Location	Maximum # Students in Water at one time	Lifeguard Qualifications
Oceanfront/Lakefront	15	1 NLS (Surf/Waterfront Preferable) (Pool Option acceptable)
	16-35	2 NLS OR 1 NLS AND 1 Bronze Cross/Bronze Medallion
<p>Note: Larger, more complex waterfront facilities may require more lifeguards. Factors affecting the numbers of lifeguards include (but are not limited to): length of shoreline, bather load, concentration of swimmers, age and make up of swimming patrons, potential dangers such as drop-offs, geographical features (such as curves or bends in the shore affecting the lifeguard's view), water and weather conditions, experience and training of lifeguards, ratio of assistant lifeguards to lifeguards, type of patron activity engaged in, width of swimming area. It is important that the lifeguards take the specific circumstances of the site and situation into consideration and adapt accordingly.</p>		
Private Pool	30	1 NLS (Pool Option acceptable)
Public Pool	Follow pool rules	

Date adopted: May 22, 2001
Revised: Aug 18/08

Reference: Waterfront Safety Guidelines – Lifesaving Society

Supt. Signature:



Administrative Regulations

ADMINISTRATION

1880

SWIMMING (continued)

2. The principal shall:
- obtain a clear photocopy of the Lifeguard's current qualifications and present insurance card.

Lifeguard's qualifications should include:

- NLS Certification;
- CPR - Basic Rescuer;
- Standard First Aid .

- check the expiry dates of all three of these qualifications to ensure they are current.

Note: NLS is current within two years of qualifying.

CPR - yearly retraining is recommended.

First Aid requires renewal every two years.

- In the case of a class party at a private pool, the principal shall retain a copy of the homeowner's insurance policy outlining clear and adequate coverage for third party liability (which covers people other than those in the immediate family for pool accidents.)
- At no time are Lifeguards holding only a Bronze Medallion/Bronze Cross acceptable as a Primary Lifeguard. They can work under the supervision of the NLS guard only.
- Teachers must ensure that the Lifeguard reviews clearly and carefully safety rules for your students. Buddy Call must be practiced on Dry Land before trying it in the water.

FORM ATTACHED:

Lifeguard Form, School District No. 46

Page 2 of 3
(including Lifeguard Form)

Date adopted: May 22, 2001
Revised: Aug 18/08

Reference: Waterfront Safety Guidelines – Lifesaving Society

Supt. Signature:



SCHOOL DISTRICT NO. 46 (SUNSHINE COAST)

LIFEGUARD FORM

The information on this form is collected under the authority of the School Act Sections 13 and 79. The information provided will be used for educational program purposes and, when required, may be provided to health services, social services or other support services as outlined in Section 79(1b) of the School Act. If you have any questions about the collection or concerns about the use of this information, please contact your school principal or the Information and Privacy Coordinator (886-8811).

LIFEGUARD FULL NAME	
---------------------	--

AGE:	HOME ADDRESS:	TEL:
------	---------------	------

List all current Lifeguard qualifications and dates of expiration:

NLS Option:	1) Pool
	2) Waterpark
	3) Waterfront
	4) Surf

CPR Level:	Basic Rescuer (Level C)
------------	-------------------------

Standard First Aid:	
---------------------	--

Assistant Lifeguards may guard under the direct supervision of the Head Lifeguard who is NLS certified. Assistant Lifeguards can help with larger groups.

Bronze Cross:		
Bronze Medallion:		

We at School District No. 46 want to keep our students as safe as possible so please follow the rules:

- 1. Review all Safety Rules before any students enter the water.
- 2. Explain clearly how a Buddy Call works and practise this on shore.
- 3. Review Whistle signals with the students before allowing them to enter the water:
 - 1 Continuous Long Blast = Clear the Water
 - 2 Short Blasts = Buddy Call
 - 1 Short Blast = "Hey, You! Come see me!"
- 4. Define swimming boundaries.
- 5. Enforce the rule of 15 students MAXIMUM in the water at a time.
- 6. Stand as close as possible to the water to guard at all times.
- 7. Ensure you can be easily seen from the water. Wear bright colours.
- 8. Buddy Call done every 7 minutes in the ocean or lake.
- 9. Ensure you have at least one Safety Device with you while guarding.